

## **Geneva Declaration 2022**

### **On Optimizing Clinical Care through Person-Centered Medicine**

*Emerging from the 14th Geneva Conference on Person Centered Medicine, organized as a virtual event on 18-20 April 2022 by the International College of Person Centered Medicine (ICPCM,) in close collaboration with the World Medical Association.*

#### **Considering That:**

1. The first two decades of the 21<sup>st</sup> century have witnessed a remarkable evolution of person centered medicine (PCM), with increased visibility across the world and development of promising person-centered models of care.
2. Person centered medicine places the person at the center of the concept of health, and as both goal and protagonist of health actions, while regarding science as essential and humanism as the essence of medicine.
3. The International College of Person Centered Medicine (ICPCM) has undertaken, with WHO support, a systematic study on the conceptualization of PCM. It has identified the following 8 key principles: Ethical commitment, cultural awareness and responsiveness, holistic framework, relational focus, individualization of care, common ground for collaborative diagnosis and care, people-centered organization of services, and person-centered education and research.
4. Based on these principles, a Person-centered Care Index (PCI) was developed and validated. Also of significance, a Person-centered Integrative Diagnosis (PID) model was designed, from which a practical *Latin American Guide for Psychiatric Diagnosis* was published. Further produced are the *International Journal of Person Centered Medicine*, and textbooks on person centered psychiatry and person centered medicine.
5. The ICPCM has evolved as a fully international institution, in collaboration with the World Medical Association, the World Health Organization, and the International Council of Nurses, among others. It has established collaborative regional networks, the Latin American one being the most active currently, collaborating with the Pan American Health Organization and the Andean Health Organization, with a significant focus on the development of innovative health strategies such as that of mutual and integral health care aimed at the wellbeing of all persons.

#### **We Recommend:**

1. To work towards the achievement of an international consensus on a framework of person-centered care that is underpinned by core ethical and scientific principles.
2. To work towards the development of person-centered models of care for diverse settings at both clinical and public health levels.
3. To contribute to the development of whole person and whole health diagnostic models that are contextualized, incorporate dynamic health processes, and attend to the social determinants of health and the UN's Sustainable Development Goals.
4. To adopt individualized care, paying attention to the person's uniqueness in an eco-bio-psycho-social-spiritual framework, promoting their personal growth and development, considering their choices and beliefs, and supporting their life projects.
5. To promote inter-professional health training and foster integrated approaches to public education and professional training.
6. To promote person- and people-centered medicine and public health with enhanced policies and services throughout the persons' life course, including implementation and evaluation of these policies and services.
7. To advocate for pandemic-resilient person-centered models of assessment and care, through the strengthening of national and international healthcare systems.
8. To promote person-centered medicine research to understand complex and dynamic biological, psychological, ecological, socio-cultural, and spiritual factors and their impact on health care.
9. To commit the International College of Person Centered Medicine - and encourage like-minded national and international institutions - to work on the implementation of the above recommendations.