NEW YORK CONFERENCE ON WELL-BEING AND THE PERSON

6-8 November 2009

Conference Venue:
Hilton New York Hotel
Mount Sinai School of Medicine

CONFERENCE BOOKLET

- Invitation Letter
- Conference Schedule
- Gallery Of Invited Participants
Dear Friends and Colleagues:

The International Network for Person-Centered Medicine and the Anthropedia Foundation are pleased to invite you to participate in a dialogue about personal well-being. To facilitate this discussion we have organized a conference with a special format in which speakers will give brief presentations followed by extended discussion with all participants. As a result we are eager for you to attend and to participate by sharing your insights and comments, your hopes and vision on the future of psychiatry and medicine.

The objectives of the Conference are:

- To examine the meaning and dimensions of well-being and health,
- To examine the importance of well-being as a focus of clinical activities,
- To explore the basis of well-being in physical, emotional, and social life,
- To develop the person-centered approach to psychiatry and medicine,
- To design tools and procedures for person-centered care

An international group of distinguished speakers will participate including Robert Cloninger (St. Louis), Eric Cassell (NY), Michel Bobol (Paris), Ihsan Salloum (Miami), Juan Mezzich (NY), Tom Sersky (London), Angel Otero (Havana), James Appleyard (London), Claudio Banzato (Brasilia), Lauren Munsch (NY), Laurence Kirmayer (Montreal), Kevin Cloninger (NY), Sita Kedia (Denver), Wolfgang Rutz (Uppsala, Sweden), Luis Salvador-Carulla (Cadiz, Spain).

All discussion will focus on assessing critically where we are now and where we need to go to improve health care in psychiatry and medicine. We suggest that future medical care can be enhanced by focus on the health of the whole person, including development of physical, emotional, social, cognitive, and spiritual well-being. How this broad view of person-centered care can be translated into practical health care in different health systems around the world presents many conceptual, practical, and ethical questions. We expect the discussions to be exciting and important for a review of health care reform in the USA and around the world.

We warmly invite you to join us and share your thoughts with us. As space is limited, advance registration is required, free of charge, first come first served, by contacting acollins@anthropedia.org.

Cordially yours,

Robert Cloninger, M.D. and Juan Mezzich, M.D., Ph.D.
Conference Chairs
NEW YORK CONFERENCE ON WELL-BEING AND THE PERSON

Friday, November 6, 2009.
Hilton New York Hotel, Madison Room,
1335 Avenue of the Americas, New York, New York 10019

Saturday and Sunday, November 7 and 8, 2009.
Mt. Sinai School of Medicine, Annenberg Bldg., 5th Floor, Conferences Rooms C & D
Fifth Avenue & 100th Street, New York, New York 10029

Organized by:
International Network for Person-centered Medicine
Anthropedia Foundation

In collaboration with:
WPA Section on Classification and Diagnostic Assessment
Washington University Center for the Science of Well-Being

Organizing Committee:
Robert Cloninger, MD (Co-chair)
Juan E. Mezzich, MD, PhD (Co-chair)
Michel Botbol, MD
Kevin Cloninger, PhD
Sita Kedia, MD
Lauren Munsch, MD
Ihsan Salloum, MD

Conference Objectives:
- To examine the meaning and dimensions of well-being and health.
- To examine the importance of well-being as a focus of clinical activities.
- To explore the basis of well-being in physical, emotional, and social life.
- To develop the person-centered approach to psychiatry and medicine.
- To design tools and procedures for person-centered care

Conference Activities:
- Symposium on Well-Being and the Person in Health and Society. (Days 1 and 2)
- Work Meeting on Person-centered Psychiatry & Medicine. (Days 2 and 3)

Conference Registration:
First come first served, free of charge, by contacting Ms. Angela Collins at <acollins@anthropedia.org>
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:15 am</td>
<td>Registration</td>
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<tr>
<td>8:45 am</td>
<td>Conference Opening</td>
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<tr>
<td>9:00 am</td>
<td>Introductory Lecture</td>
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<td></td>
<td>Robert Cloninger (St. Louis)</td>
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<tr>
<td>9:30 am</td>
<td>The Dimensions of Well-Being I</td>
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<td>(Within every session, each of the two presentations will take 7 minutes, each presentation followed by approximately half-hour general discussion, and a 10 minute rapporteur’s summary at the end of the session. Content-wise, each brief presentation (about five slides) will concisely focus on where we are and where do we need to go, and this will be the focus too of each general discussion and the final summary.)</td>
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<td></td>
<td>Chair: Robert Cloninger (St. Louis)</td>
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<td></td>
<td>• Physical Well-Being: Eric Cassell (New York)</td>
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<td>General discussion of needs and opportunities</td>
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<td>• Mental Well-Being: Michel Botbol (Paris)</td>
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<td>General discussion of needs and opportunities</td>
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<td>Rapporteur: I. Salloum (Miami)</td>
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<tr>
<td>10:45 am</td>
<td>Break</td>
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<tr>
<td>11:00 am</td>
<td>The Dimensions of Well-Being II</td>
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<td>Chair: Eric Cassell (New York)</td>
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<td>• Socio-cultural Well-Being: Laurence Kirmayer (Montreal, Canada)</td>
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<td>General discussion of needs and opportunities</td>
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<td>• Spiritual Well-Being: Robert Cloninger (St. Louis)</td>
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<td>General discussion of needs and opportunities</td>
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<td>• Integrating the Dimensions of Well-Being: JE Mezzich (New York City)</td>
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<td>General discussion of needs and opportunities</td>
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<td>Rapporteur: Tom Sensky (London)</td>
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<tr>
<td>12:45 pm</td>
<td>Lunch Break</td>
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### SCHEDULE: FRIDAY, NOVEMBER 6

**SYMPOSIUM ON WELL-BEING AND THE PERSON IN HEALTH AND SOCIETY**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>2:00 pm</td>
<td>Well-Being in Person-centered Clinical Care I</td>
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<tr>
<td></td>
<td>Chair: Tom Sensky (London, UK)</td>
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<td></td>
<td>• Well-Being in Integrative Diagnosis: Ihsan Salloum (Miami)</td>
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<td>General discussion of needs and opportunities</td>
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<td></td>
<td>• Well-Being in Person-centered Clinical Care and Training: James Appleyard (London, UK)</td>
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<td>General discussion of needs and opportunities</td>
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<td>Rapporteur: Claudio Banzato (Campinas, Brazil)</td>
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<tr>
<td>3:15 pm</td>
<td>Break</td>
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<tr>
<td>3:30 pm</td>
<td>Well-Being in Person-centered Clinical Care II</td>
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<td>Chair: James Appleyard (London, UK)</td>
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<td>• Well-Being in Person-centered Prevention, Health Promotion &amp; Social Inclusion: Luis Salvador-Carulla (Cadiz, Spain)</td>
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<td>General discussion of needs and opportunities</td>
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<td></td>
<td>• Well-Being in Person-centered Clinical Research: Ihsan Salloum (Miami, USA)</td>
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<td>General discussion of needs and opportunities</td>
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<td>Rapporteur: Lauren Munsch (New York)</td>
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<td>4:45 pm</td>
<td>Break</td>
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<tr>
<td>5:00 pm</td>
<td>Well-Being in Society I</td>
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<td>Chair: Laurence Kirmayer (Montreal, Canada)</td>
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<td></td>
<td>• Well-Being in Education: Kevin Cloninger (New York)</td>
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<td>General discussion of needs and opportunities</td>
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<td>• Well-Being in the Workplace: Tom Sensky (London, UK)</td>
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<td>General discussion of needs and opportunities</td>
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<td>Rapporteur: Sita Kedia (Denver, USA)</td>
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<tr>
<td>6:15 pm</td>
<td>First Day Adjournment</td>
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### SCHEDULE: SATURDAY, NOVEMBER 7

**SYMPOSIUM ON WELL-BEING AND THE PERSON IN HEALTH AND SOCIETY**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:45 am</td>
<td>Well-Being in Society II</td>
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<td>(Within every session, each of the two presentations will take 7 minutes, each presentation followed by approximately half-hour general discussion, and a 10 minute rapporteur’s summary at the end of the session. Content-wise, each brief presentation (about five slides) will concisely focus on where we are and where do we need to go, and this will be the focus too of each general discussion and the final summary.)</td>
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<td>Chair: Michel Botbol (Paris)</td>
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<td>• Well-Being in Child Development and Family Life: Sita Kedia (Denver, USA)</td>
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<td>General discussion of needs and opportunities</td>
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<td>• Well-Being in Public Health: Wolfgang Rutz (Uppsala, Sweden)</td>
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<td>General discussion of needs and opportunities</td>
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<td></td>
<td>Rapporteur: Kevin Cloninger (New York)</td>
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<td>10:00 am</td>
<td>Symposium Conclusions and Next Steps</td>
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<td>Juan E. Mezzich, Robert Cloninger</td>
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<td>10:30 am</td>
<td>Break</td>
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### SCHEDULE: SATURDAY, NOVEMBER 7

**WORK MEETING ON PERSON-CENTERED PSYCHIATRY AND MEDICINE**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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| 10:45 am. | First Session: Review of current situation:  
JE Mezzich (lead) and all available Conference participants  
- Organizational outline  
- Institutional connections  
- Program construction  
- Website and logo development  
- Raising resources  
Rapporteur’s Summary: Ihsan Salloum (10 minutes) |
| 12:45 pm. | Lunch Break |
| 2:00 pm. | Second Session: Person-centered Integrative Diagnosis Model and Guide (With a midpoint break)  
Chair: Michel Botbol (Paris, France)  
- General Design and Methodological Issues  
  Specific proposals: Juan Mezzich (15 minutes)  
  Discussion with all available Conference participants (30 minutes)  
  Rapporteur’s Summary: Tom Sensky (10 minutes)  
- Development of instruments and evaluative procedures for appraising Health Status  
  Specific proposals: Ihsan Salloum (15 minutes)  
  Discussant: Michael First (5 minutes)  
  Discussion with all available Conference participants (25 minutes)  
  Rapporteur’s Summary: Tom Sensky (10 minutes)  
- Development of instruments and evaluative procedures for appraising the Experience of Health  
  Specific proposals: Juan Mezzich (15 minutes)  
  Discussant: Laurence Kirmayer (5 minutes)  
  Discussion with all available Conference participants (25 minutes)  
  Rapporteur’s Summary: Tom Sensky (10 minutes)  
- Development of instruments and evaluative procedures on Contributors to Illness and Health  
  Specific proposals: Robert Cloninger (15 minutes)  
  Discussant: Luis Salvador-Carulla (5 minutes)  
  Discussion with all available Conference participants (25 minutes)  
  Rapporteur’s Summary: Tom Sensky (10 minutes) |
| 6:00 pm. | Session Adjournment |

### SCHEDULE: SUNDAY, NOVEMBER 8

**WORK MEETING ON PERSON-CENTERED PSYCHIATRY AND MEDICINE**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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| 8:45 am. | Third Session: Person-centered Diagnosis Regional Developments:  
Latin American and French Developments (With a midpoint break)  
Chair: Ihsan Salloum (Miami, USA)  
A. Revision of the Latin American Guide for Psychiatric Diagnosis (GLADP)  
  - Overview of progress so far: Angel Otero (10 minutes)  
  - Discussion with all available Conference participants (20 minutes)  
  - Rapporteur’s Summary: Luis Salvador-Carulla (5 minutes)  
  - Advancing the Cultural Framework and Integral Diagnostic Formulation: Juan E. Mezzich (New York) and Ihsan Salloum (Miami) (10 minutes)  
  - Discussion with all available Conference participants (20 minutes)  
  - Rapporteur’s Summary: Luis Salvador-Carulla (5 minutes)  
  - Advancing the psychopathological chapters (ICD Classes and Latin American Annotations): Claudio Banzato (Campinas, Brazil) (10 minutes)  
  - Discussion with all available Conference participants (20 minutes)  
  - Rapporteur’s Summary: Luis Salvador-Carulla (5 minutes)  
B. French Developments  
  - Overview of progress so far: Michel Botbol (15 minutes)  
  - Discussion with all available Conference participants (20 minutes)  
  - Rapporteur’s Summary: Luis Salvador-Carulla (10 minutes) |
| 11:15 am. | Break |

6:00 pm. Session Adjournment
SCHEDULE: SUNDAY, NOVEMBER 8

WORK MEETING ON PERSON-CENTERED PSYCHIATRY AND MEDICINE

11:30 am. Fourth Session: Person-centered Clinical Care Guidelines and Curriculum
Chair: Claudio Banzato (Campinas, Brazil)

A. Person-centered Clinical Care Guidelines
   - Progress so far, further formulation of the Guidelines, validation planning: Tom Sensky (10 minutes)
   - Discussant: James Appleyard (London, UK) (5 minutes)
   - Discussion with all available Conference participants (25 minutes)
   - Rapporteur’s Summary: Sita Kedia (5 minutes)

B. Person centered Clinical Care Curriculum
   - Progress so far, further formulation of the Curriculum, validation planning: Tom Sensky (10 minutes)
   - Discussant: James Appleyard (London, UK) (5 minutes)
   - Discussion with all available Conference participants (25 minutes)
   - Rapporteur’s Summary: Kevin Cloninger (5 minutes)

1:00 pm. Fifth Session: Closing
Juan E. Mezzich, Robert Cloninger, Michel Botbol, Ihsan Salloum

- Conclusions
- Next Steps

1:30 pm. Work Meeting Adjournment

GALLERY OF INVITED PARTICIPANTS

NEW YORK CONFERENCE ON WELL-BEING AND THE PERSON

PROF. JAMES APPLEYARD, MA, MD, FRCP, FRCPCH
Former President, World Medical Association
Board of Trustees Secretary and Ethics Committee Chair,
International Association of Medical Colleges (IAMC)
London, United Kingdom.
jmappleyard2510@aol.com
Well-Being in Person-centered Clinical Care and Training
Well-Being in Person-centered Clinical Care Session Chair

PROF. CLAUDIO BANZATO
Department of Psychiatry, Medical School,
State University of Campinas, Brazil
claudio@lexxa.com.br
Advancing the Psychopathological Chapters in ICD Classes and Latin American Annotations
Person-centered Clinical Care Guidelines & Curriculum Session Chair

PROF. MICHEL BOTBOL
President, WPA French Member Societies Association
Paris, France
michel.botbol@wanadoo.fr
Mental Well-Being
Well-Being in Society Session Chair
Person-centered Integrative Diagnosis Model & Guide Session Chair
Person-centered Diagnosis Regional Developments: French Prospects
**Physical Well-Being**

**The Dimensions of Well-Being Session Chair**

Prof. Robert Cloninger

Professor of Psychiatry, Genetics and Psychology,
Director, Center for the Science of Wellbeing
Washington University School of Medicine, St. Louis, USA
clon@tci.wustl.edu, rcloninger44@gmail.com

The Dimensions of Well-Being Session Chair
Spiritual Well-Being

**Procedures on Contributors to Illness & Health for Person-centered Integrative Diagnosis**

Dr. Kevin Cloninger

President, Anthropedia Foundation
New York, USA.
kdcloninger@vincimail.com

Well-Being in Education

**Spiritual Well-Being**

**Procedures on Contributors to Illness & Health for Person-centered Integrative Diagnosis Discussant**

Prof. Juan E. Mezzich

World Psychiatric Association President 2005-2008,
Professor of Psychiatry & Director, International Center for Mental Health,
Mount Sinai School of Medicine, New York University, USA.
juanmezzich@aol.com

Integrating the Dimensions of Well-Being,
Person-centered Psychiatry & Medicine: Review of Current Situation,
Design & Methodology for Person-centered Integrative Diagnosis (PID).
PID Procedures for Appraising the Experience of Health,
Advancing the Cultural Framework & Integral Diagnosis for the

**Prof. Laurence J. Kirmayer**

Division of Social & Transcultural Psychiatry,
Institute of Community & Family Psychiatry,
McGill University, Montreal, Quebec, Canada.
laurence.kirmayer@mcgill.ca

Socio-cultural Well-Being

Well-Being in Society Session Chair

Procedures for Appraising the Experience of Health in
Person-centered Integrative Diagnosis Discussant

**Dr. Sita Kedia**

Vice-President, Anthropedia Foundation
Child Neurology,
University of Colorado Health Sciences Center, Denver CO
sita.kedia@gmail.com

Well-Being in Child Development & Family Life

**Prof. Eric J. Cassell**

Emeritus Professor of Public Health,
Weill Medical College of Cornell University
Adjunct Professor of Medicine, McGill University,
Attending Physician, New York Presbyterian Hospital
New York, USA
eric@ericcassell.com

Physical Well-Being
The Dimensions of Well-Being Session Chair
**Dr. Lauren Munsch**  
Chairperson, Anthropedia Foundation  
Cardiology Department, Mount Sinai School of Medicine, New York, USA  
lmunsch@gmail.com  
Well-Being in Person-centered Clinical Care Session Rapporteur

**Prof. Angel Otero**  
Vice-Chair, WPA Section on Classification & Diagnostic Assessment  
Chair, APAL Section on Diagnosis & Classification  
President, Latin American Guide for Psychiatric Diagnosis (GLADP)  
Professor of Psychiatry, La Habana University, La Habana, Cuba.  
tulli@infomed.sld.cu  
Well-Being in Person-centered Clinical Care Session Chair  
Revision of the Latin American Guide for Psychiatric Diagnosis (GLADP): Progress Overview

**Prof. Wolfgang Rutz**  
Head, Unit for Public Mental Health, Uppsala University Hospital, Uppsala, Sweden.  
Professor of Social Science, Coburg University, Germany.  
wolfgang@rutz.se  
Well-Being in Public Health

**Prof. Ihsan M. Salloum**  
Chair, WPA Section on Classification and Diagnostic Assessment  
Professor of Psychiatry and Behavioral Sciences, University of Miami School of Medicine, Miami, Florida, USA  
isalloum@med.miami.edu  
Well-Being in Person-centered Integrative Diagnosis (PID)  
Well-Being in Person-centered Clinical Research  
Person-centered Diagnosis Regional Developments Session Chair  
PID Procedures for Appraising Health Status

**Prof. Luis Salvador-Carulla**  
Secretary, WPA Section on Classification & Diagnostic Assessment  
Professor of Psychiatry, Dept. of Neurosciences, University of Cadiz, Cadiz, Spain  
luis.salvador@telefonica.net  
Well-Being in Person-Centered Prevention, Health Promotion & Social Inclusion  
Procedures on Contributors to Illness & Health in Person-centered Integrative Diagnosis Discussant

**Prof. Tom Sensky**  
Department of Psychological Medicine  
Imperial College, London, United Kingdom.  
t.sensky@imperial.ac.uk  
Well-Being in the Workplace  
Person-centered Clinical Care Guidelines & Curriculum: Progress so far & further formulation