



PARIS CONFERENCE ON PSYCHIATRY FOR THE PERSON

*Organized by the WPA Institutional Program on Psychiatry for the Person (IPPP),
the Association of WPA French Member Societies, and the
WPA European Zonal Representatives*

February 6 – 8, 2008
St. Anne Hospital CMME Amphitheatre,
100 rue de la Santé, 75014 Paris, France

Conference Summary Report

Conference President: *Juan E. Mezzich (WPA President and IPPP Chair)*

Conference Organizer: *Michel Botbol (WPA Zonal Representative for Western Europe
and President of the Association of WPA French Member Societies)*

Organizing Committee: *French Associations Representatives (J. F. Allilaire for the Medico Psychological Society, A. Besse for the French Association of Private Practice Psychiatrists, N. Garret-Gloanec for the Society of Psychiatric Information, B. Gibello for the French Association of Psychiatry, Y. Thoret for Psychiatric Evolution), WPA European Zonal Representatives (M. Kastrup, L. Kuey, D. Lecic, A. Sogboyan), and IPPP Leadership (J.E. Mezzich, G. Christodoulou, B. Fulford, I. Salloum, R. Montenegro, A. Tasman, T. Sensky, H. Herrman, M. Amering).*

EXECUTIVE SUMMARY

The Paris Conference on Psychiatry for the Person was a new step in the development of the Institutional Program of Psychiatry for the Person. Following the London Conference coorganized with the UK Health Department, in October 2007, the Paris Conference allowed a very interactive meeting of all the IPPP components and the presentation of their work to the wider WPA community and international colleagues at large. The Paris Conference offered also an opportunity to strengthen the WPA European Region, promoting a new level of interaction among its member societies.

The Paris Conference was held in Ste Anne Hospital from the 6th to the 8th of February 2008 under the auspice of WPA Institutional Program on Psychiatry for the Person, the Association of French Societies Members of WPA, and the WPA European Zonal Representatives. The conference was aimed at presenting selected IPPP key projects while rooting them in the history and tradition of European Psychiatry and putting them in a more global context from public health and research points of view. It was also aimed at advancing the design of the Person-centered Integrative Diagnostic Model through interactions with the conference audience and the feed back of WPA Sections, our scientific backbone.

The Conference was presided by Juan Mezzich (IPPP Chair and WPA President), with Michel Botbol (WPA Zonal Representative for Western Europe and President of the Association of French Societies Member of WPA) as Chair of the conference organizing committee and with the organizational support of the French Member Societies (AFP, AFPEP, EP, SIP, SMP), the WPA European Zonal Representatives (M Kastrup, L Kuey, D Lecic Tosevski, A Soghoyan), and the IPPP leadership (J.E. Mezzich, G. Christodoulou, B. Fulford, I. Salloum, R. Montenegro, A. Tasman, T. Sensky, H. Herrman, M. Amering).

The Conference was opened by the WPA President, the Chair of the Ste Anne's Medical Committee in the presence of the representatives of the collaborating organizations. European roots of Psychiatry were underlined as much as the role of Paris in the WPA foundation. The first scientific session presented an overview of objectives and advancement of the Institutional Program on Psychiatry for the Person. A special focus was placed on the French Perspective on Person Centered Psychiatry and a historical perspective on these ideas in France and in Europe. Details on the presentations made can be found for this session as well as for all other sessions among the Conference Documents presented in a fuller Report.

The presentation of six selected key project of the program delved deeper in the advancement of the program's work in terms of Psychiatrists Identity, Person-centered Curriculum for the Training of Psychiatrists, Person-centered Clinical Care, Person-centered Clinical Services, the Role of Users as Persons in Mental Health Care and Research. Person Centered Psychiatry is a psychiatry *for* the person but also *by* and *with* the person. Users and psychiatrists identity, needs and subjectivity are then important elements to take into account with important consequences for clinical care and clinical services.

The third session placed the psychiatry for the person movement in its context: first with a public health perspective based on an European Panel on the Helsinki Action Plan and its substantial person centered assumptions; the participation of the WHO European Representative for Mental Health, all European WPA Zonal Representative, and representatives of the board of 16 WPA European member societies allowed wide interactions and an intense debate on promising approaches to implement this action plan. Also discuss was how to adapt research methodologies

to person centered approaches, optimizing scientific consistency and topical relevance. Furthermore, person-centered conceptualization was explored as applied to women's mental health.

The fourth session focused on one of the core topics of IPPP the design of a Person-centered Integrative Diagnostic model which attempts to cover both illness and positive aspects of health, employing categories, dimensions and narratives as descriptive tools, and engaging clinicians, the patient and the family as evaluators.

The fifth session was an Inter-Sectional Symposium gathering representatives 17 WPA Sections to discuss contributions to international classification and Person-centered Integrative Diagnosis.

The conference summary session highlighted the success of this conference as a substantial step to advance Psychiatry for the Person in interaction with European Societies and WPA Sections. It recognized the strong commitment of the audience and the highly participative feature of the working sessions. It also pinpointed the historical significance of the WPA European Region as a common ground in articulating ethics and science for a person centered psychiatry. Finally, warm anticipation was expressed for the General Conference on Person-centered Medicine organized in collaboration with global medical and health organizations and scheduled for May 2008 and relevant person-centered symposia at the World Congress of Psychiatry in September 2008.



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FULL PROGRAM

Conference President: *Prof. Juan E. Mezrich (WPA President and IPPP Chair)*

Conference Organizer: *Dr. Michel Botbol (WPA Zonal Representative for Western Europe
and President of the WPA French Member Societies Association)*

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A Special Cultural Program, involving visits to psychiatrically relevant historical sites as well as modern clinical facilities, will be offered on February 5 and the morning of February 6. Specific registration is required through michel.botbol@wanadoo.fr

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DAY ONE: WEDNESDAY FEBRUARY 6, 2008

OPENING

1:45 – 2:45 pm. *(Each lecture after the welcoming remarks shall last about 20 minutes)*

- Welcoming Remarks
Juan E. Mezrich (Conference President), Michel Botbol (Conference Organizing Chair), Matt Muijen (WHO Europe Mental Health Advisor), and Gerard Masse (St. Anne Hospital Medical President) in the company of the other Conference organizers (WPA IPPP Component Chairs and WPA European Zonal Representatives)
- Psychiatry for the Person: An Overview
J.E. Mezrich
- French Perspectives on Psychiatry for the Person
M. Botbol
- Historical Views on Psychiatry for the Person
J. Garrabe

2:45 – 3:00 pm. Break

PSYCHIATRY FOR THE PERSON SELECTED KEY PROJECTS

3:00 – 6:15 pm. *(The collaborative preparation of each topic, as indicated on the first page, will be aimed at presenting the background, specific objectives, methodology for the formulation and validation of the specific profile or guidelines, and the timeline for each project. Each topic will be presented by the group coordinator, usually the first listed, in 10 minutes with 5 additional minutes total for complementary comments from the other contributors. A 15-minute discussion will follow, for a total 30 minutes per topic)*

- Psychiatrists Identity in Person-centered Psychiatry
G. Christodoulou, W. Gaebel, D. Lecic-Tosevski
- Person-centered Curriculum for the Training of Psychiatrists
R. Montenegro, A. Tasman, JK Trivedi, JF Allilaire
- Guidelines for Person-centered Clinical Care
T. Sensky, J.J.Laboutiere, M. Schmolke, E. Pi
- Guidelines for Person-centered Clinical Services
Y. Alanen, M. Jorge, S-D. Kipman, M. von Cranach
- The User as a Person in Mental Health Care and Research
J. Wallcraft, M. Amering, S. Filliol
- Guidelines for Person-centered Health Promotion
H. Herrman, W. Rutz, M. Amering

DAY TWO: THURSDAY FEBRUARY 7, 2008

THE CONTEXT OF PSYCHIATRY FOR THE PERSON

9:00 am. – 12:00 noon (Each panelist will offer a 7-minute statement on the topic of the panel. This will be followed by group discussion and a formulation of conclusions)

- European Panel on Psychiatry for the Person and the Helsinki Action Plan
J.E. Mezziach (WPA P), M. Nuijen (WHO Europe Mental Health Advisor), J. Cox (WPA SG), M. Botbol (WPA WE Zone), L. Küey (WPA SE Zone), D. Lecic-Tosevski (WPA CE Zone and Serbian Member Societies Representative), A. Sogboyan (WPA EE Zone), M. Kastrup (WPA NE Zone and Danish Psychiatric Association Representative), W. Rutz (European Consultant), O. Lehembre (FFP France), A. Besse (AFPPP France), B. Gibello (AFP France), Y. Boudart (SIP France), Ph. Clery Melin (SMP, France), A.M. Dubois (EP, France), JJA Barriguete & L. Rojo (AFMPSM and Spanish Society of Psychiatry Representative), C. Hanon (European Young Psychiatrists Representative), and Representatives of European Member Societies and Affiliated Associations, i.e., M. Amon (World Association for Dynamic Psychiatry Secretary General), G. Christodoulou (Psychiatric Association of Eastern Europe and the Balkan President), W. Gaebel (German Society of Psychiatry, Psychotherapy and Neurology President), P. Gokalp (Turkish Neuro-psychiatric Association President), W. Schoeny (Danubian Psychiatric Association President)

12:00 – 1:30 pm. Break

1:30 – 3:00 pm. (Each presentation prepared jointly by the specified coauthors will last 10 minutes followed by 5-minute discussion)

- Research and Scholarship on Psychiatry for the Person
 - Biological Research: R. Cloninger
 - Subjectivity Research: B. Falissard
 - Socio-cultural Research: J. Cox, M. Kastrup
 - Psychosocial Treatment Research: Y. Alanen
 - Research in Developing Countries: JK Trivedi

3:00 – 3:15 pm. Break

3:15 – 4:45 pm.

- Symposium on Women's Mental Health, Pregnancy and Psychiatry for the Person
Chair: G. Apter
Co-Chair: Ph. Mazet
 - Abortion and the myth of its traumatic consequences: N. Stotland
 - Miscarriage and pregnancy termination: G. Robinson
 - Prenatal maternal care and mental health: G. Apter*Discussant: C. Nadelson*

4:45-5:00 pm. Break

DESIGNING THE PERSON-CENTERED INTEGRATIVE DIAGNOSTIC (PID) MODEL

5:00 – 6:30 pm.

- The Illness Domain in PID (content and its categorical, dimensional, and narrative appraisal)
(Each topic will be presented by the group coordinator, usually the first listed, in 10 minutes with 5 additional minutes total for complementary comments from the other contributors. A 15-minute discussion will follow, for a total 30 minutes per topic)
 - Psychopathology and its Prototypes
C. Banzato, I. Salloum, M. Linden

- Disabilities
M. Linden., A. Sogboyan , V. Gasca, L. Salvador-Carulla
- Suffering
T. Sensky, G. Christodoulou

DAY THREE: FRIDAY FEBRUARY 8, 2008

**DESIGNING THE PERSON-CENTERED INTEGRATIVE DIAGNOSTIC (PID) MODEL
(Continuation)**

9:00 – 10:30 am.

- The Positive Health Domain in PID (content and its categorical, dimensional, and narrative appraisal)
(Each topic will be presented by the group coordinator, usually the first listed, in 10 minutes with 5 additional minutes total for complementary comments from the other contributors. A 15-minute discussion will follow, for a total 30 minutes per topic)
 - Quality of Life
H. Herrman, J.E. Mezzych
 - Self-awareness, Resilience, Resources and Protective Factors
R. Cloninger, I. Salloum
 - Incorporating Cultural Assessment in PID
M. Kastrup, J. Cox.

10:30 – 10:45 am. Break

10:45 – 12:45 pm.

- PID Overall Organization and Critical Issues
(Each topic will be presented by the group coordinator, usually the first listed, in 10 minutes with 5 additional minutes total for complementary comments from the other contributors. A 15-minute discussion will follow, for a total 30 minutes per topic)
 - Multilevel Schemas and Formulation for PID
C. Banzato, M. Kastrup, K. Schaffner
 - Evaluators' Collaborative Process for PID
M. Amering, J. Wallcraft, S. Filliol, C. Finkelstein
 - PID and Treatment Planning
L. Käy, A. Tasman, Y. Alanen, B. Odier
 - Research for and Validation of PID
I. Salloum, W. Rutz, K. Schaffner

12:45 – 2:15 pm. Break

2:15 – 5:00 pm. *(Each speaker will offer a 7-minute presentation on the topic of the symposium. This will be followed by group discussion and a formulation of conclusions)*

- Inter-Sectional Symposium on Collaboration for ICD-11 and PID Development
Chairs: I. Salloum, M. Jorge, JE Mezzych
Speakers: I. Salloum (Classification), A. Charles Nicolas (Addiction Psychiatry), I. Manor (Attention Deficit Hyperactivity Disorders), A. Essali (Biological Psychiatry), C. Bursztejn (Child & Adolescents), V. Kovess (Epidemiology & Public Health), N. Mueller (Immunology), F. Bayle (Impulsivity), Y. Thoret (Literature), A. Janca (Measurement Instruments), V. Camus (Old Age), G. Danon (Perinatal & Infant), F. Quartier (Psychoanalysis), W. Gaebel (Schizophrenia), S.A. Azim (Sexual Health), JP Soubrier (Suicidology), R. Bennegadi (Transcultural)

5:00 – 5:15 pm. Break

CONFERENCE CLOSING

5:15 – 6:15 pm.

- Conference Summary and Next Steps
J.E. Mezzich, M. Botbol, I. Salloum

SPECIAL FOURTH DAY: SATURDAY FEBRUARY 9, 2008
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Venue: Institut Mutualiste Montsouris
Service de psychopathologie de l'adolescent et du jeune adulte (Pr. Corcos)
42 Bd Jourdan, Paris 14eme
Meeting Room, First Floor

9:00 am. – 1:00pm.

- **IPPP Workmeeting on Completing the Design of the PID Model**
(J.E. Mezzich, I. Salloum, M. Botbol, V. Gasca and available Conference contributors on PID Topics)



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