



8th INTERNATIONAL CONGRESS, 6th LATIN AMERICAN CONFERENCE and 2nd URUGUAYAN CONFERENCE OF PERSON-CENTERED MEDICINE

Responding to the Pandemic with Persons-Centered Comprehensive Care,
Human Rights and Sustainable Development

Montevideo, 18, 19 and 20 December 2020

Virtual Event Program

(Uruguay Time, UTC / GMT -3)

First Day: Friday, December 18, 2020

10:15 – 12:00 - Opening Session

Chairs: Alberto Perales (Peru), Horacio Toro Ocampo (Bolivia).

Rapporteurs: María Ester García (Uruguay)

10:15 – 10:35 - Welcome Remarks:

Oscar Cluzet (President, RLMCP), Jon Snaedal (President, ICPCM), Giovanni Escalante (PAHO Uruguay), Álvaro Rodríguez (ALANAM), Luis Podestá (Dean, Faculty of Medicine, UNMSM), Miguel Martínez (Dean, Faculty of Medicine, UDELAR), Selva Lima, (Dean, Faculty of Medicine, CLAEH School), Graciela Lago (President, ANM Uruguay), Daniel Salinas (Minister of Health, Uruguay)

10:35 – 11:35 - Opening Presentations:

- » Uruguayan health reforms in the face of the pandemic: Daniel Salinas (Minister of Health, Uruguay)
- » Pan-American perspectives: Jarbas Barbosa, (PAHO, Washington D.C.)
- » The paradigmatic role of person-centered health in response to the pandemic: Juan Mezzich (ICPCM)
- » Comments: H. Vildózola (APEMCP), O. Cluzet (RLMCP), S. Rawaf (WHO Collaborating Center, Imperial College, UK)

11:35 – 12:00 - Musical Colophon: Guitarist Álvaro Córdoba (Uruguay)

12:00 – 14:00 - **Session on New Projects and Methods of Person-Centered Clinical Care and Health Education.** Chairs: Antonio de los Santos (Argentina), Augusto Müller (Uruguay), Christine Leyns (Belgium / Bolivia). Rapporteurs : S. Martinez, C. Baldi, A. Touzet (Uruguay)

12:00 - 12:15 - Presentation 1: ICPCM Educational Program on Person-Centered Clinical Care: Jim Appleyard (UK)

12:15 - 12:30 - Presentation 2: Confronting the pandemic through person-centered communication between leaders of Asian and Oceanian medical societies: K. K. Aggarwal (India)

12:30 - 12:45 - Presentation 3: Person-Centered Diagnosis: Ihsan Salloum (USA)

12:45 - 13:00 - Presentation 4: Communication and empathy: Michel Botbol (France)
13:00 - 13:15 - Presentation 5: Person Centered Care for older adults: Jon Snaedal (Iceland) 13:15 -
13:30 - Presentation 6: Mentoring and Human Development: Alberto Perales and Juan Mezzich
(Peru)
13:30 - 13:50 - General discussion
13:50 - 14:00 - Conclusions

14:00 – 14:30 - **Cultural Break:** Singer Lindsay Martell (Peru); (Coordinator J. C. Ocampo, Peru)

14:30 – 16:30 - **Session on New Projects and Methods on Persons-centered Research and Public Health** Chairs:
Enrique Pons (Uruguay), Ihsan Salloum (ICPCM, USA). Rapporteur: E. Herman (Uruguay)

14:30 - 14:45 - Presentation 1: Well-being: Robert Cloninger (USA)
14:45 - 15:00 - Presentation 2: Primary Health Care: Christine Leyns (Belgium / Bolivia)
15:00 - 15:15 - Presentation 3: Epidemiology: Javier Saavedra (Peru)
15:15 - 15:30 - Presentation 4: Pandemic and Life Project: Manuel Izaguirre (Peru)
15:30 - 15:45 - Presentation 5: Medicine Centered in the Person in the National Academies of Medicine: Augusto Müller
(Uruguay), Álvaro Rodríguez (Colombia)
15:45 - 16:00 - Presentation 6: Shared clinical decisions: Paul Glare (Australia)
16:00 - 16:20 - General discussion
16:20 - 16:30 - Conclusions

16:30 - **Executive Session of Organizers and Preparation of the Declaration of Montevideo**

Second Day: Saturday, December 19, 2020

11:00 - 16:00 - **Interdisciplinary and Multi-Scenic Forum on People-Centered Responses to COVID-19 in Latin America and the World.** (This Forum will include the integrated participation of professionals from multiple disciplines, patients and community agents, as well as actors representing local and global settings relevant to the understanding and management of the pandemic.)

11:00 - 13:15 - **First Session: Biological and Clinical Aspects of the Pandemic Initial**

Plenary

Chairs: Norberto Liñares (Uruguay) Ihsan Salloum (ICPCM, USA). Rapporteurs : C. Contreras, A. Salazar (Peru)

11:00 - 11:25 - Presentation 1: Strategies and Lessons Learned in Responding to Covid-19 in China: George F. Gao (China)

11:25 - 11:45 - Presentation 2: Clinical evaluation of the person with Covid-19: Eduardo Ticona (Peru)

11:45 – 12:15

Working Groups:

Group 1: Chair: Rubén Mayorga (PAHO, Perú) Rapporteurs: Camila Apcho, Lesly Mendoza (Peru) Interprofessional Co-llaboration in Pandemic: Tesfa Ghebrehiwet (Canada)

Group 2: Chair: Horacio Toro (Bolivia). Rapporteurs: William Barzola, Carmen Ríos (Peru) Attention to transgender people in pandemic: Olga Marega (Argentina)

Group 3: Chair: Daniel Elio-Calvo (Bolivia) (Alt. Gustavo Franco (Peru)). Rapporteurs: Lisbeth Melgar, Gianella Arias (Peru)

Attention to people with syndemics related to chronic diseases: Iván Trostchansky and Fernando Machado (Uruguay)

Complementary Plenary:

(Chairs and Rapporteurs of the Initial Plenary)

12:15 - 12:30 - Reports of the Working Groups

12:30 - 13:00 - General Discussion

13:00 - 13:15 - Conclusions

13:15 - 13:45 - Cultural Break: Decimist Rafaele Mejía (Peru); (Coordinator J.C. Ocampo, Peru)

13:45 - 16:00 - Second Session: Ethics and Mental Health in the Pandemic

Initial Plenary

Chairs: Manuel Botbol (ICPCM, France), Francisco León (Chile).

Rapporteurs : Jasdaly Gonzales, Cecilia Casusol, José Estrella (Peru)

13:45 - 14:00 - Presentation 1: Human Rights and Pandemic: Carlos Arósquipa: (PAHO, Peru);

14:00 - 14:15 - Presentation 2: Ethical and medico-legal aspects of the pandemic:

Guido Berro and Oscar Cluzet (Uruguay)

14:15 - 14:30 - Presentation 3: Ethics and Mental Health in Pandemic:

Ángel Valmaggia (Uruguay) and Álvaro Rodríguez (Colombia)

14:30 – 15:00

Working Groups:

Group 1: Chair: Juan Mezzich (USA / Peru) Rapporteurs: Lourdes Corado (Guatemala)

Pandemic and People-Centered Mental Health diagnosis: J. Saavedra (Perú), E. Velásquez (Colombia),

Y. Luna (Peru), V. Paz (Peru)

Group 2: Chair: Humberto Correa (Uruguay) Rapporteurs: Camila Apcho, Lesly Mendoza (Peru)

Humanization of Intensive Medicine in Pandemic: Intensive Medicine Group

Group 3: Chair: Guido Berro (Uruguay) Rapporteurs: William Barzola, Carmen Ríos (Peru)

Mental Health Care during the Pandemic from a Comprehensive Perspective: Ricardo Bernardi (Uruguay)

Complementary Plenary:

(Chairs and Rapporteurs as in the Initial Plenary)

15:00 - 15:15 - Reports of the Working Groups

15:15 - 15:45 - General Discussion

15: 45– 16:00 - Conclusions

16:00 - Executive Session of Organizers and preparation of the Declaration of Montevideo

Third Day: Sunday, December 20, 2020

11:00 - 16:00 - Interdisciplinary and Multi-stage Forum on People-Centered Responses to COVID-19 in Latin America and the World.

11:00 - 13:15 - Third Session: Sustainable Development Goals and Social Determinants of Health in times of the Pandemic

Initial Plenary:

Chairs: Antonio Turnes (Uruguay), Herman Vildózola (APMCP, Peru);
Rapporteurs: Carlos Contreras, Anthony Salazar (Peru)

11:00 - 11:12 - Presentation 1: Economic perspectives and pandemic: Alicia Bárcena (ECLAC) [Alternative: Enrique Iglesias (Uruguay)]

11:12 - 11:24 - Presentation 2: Pandemic and sustainable development in Latin America: Luis Felipe López Calva (UNDP, UN)

11:24 - 11:35 - Presentation 3: Social determinants of health in pandemic: Michael Marmot (Reino Unido)

11:35 - 11:45 - Presentation 4: Social determinants of health in pandemic in Latin America: Eugenio Villar (Peru)

11:45 – 12:15

Working Groups:

Group 1: Chair: Miguel Cerro (Uruguay). Rapporteurs : L. Melgar, G. Arias (Peru)

Patient empowerment: Aníbal Del Águila (Peru)

Group 2: Chair: Eugenio Villar (Peru). Rapporteurs: C. Apcho, L. Mendoza (Peru)

Empowerment of family and community members: Luis Barrios (Uruguay)

Group 3: Chair: Ramón Cordero (Bolivia). Rapporteurs: W. Barzola, C. Ríos (Peru)

Empowerment of Latin American Peasant Communities in Pandemic: Luis Lumbreras (Peru), Representatives of Peru (E. Garrido and Community Rep.), Bolivia (C. Leyns and Vivian Tatiana Camacho Hinojosa)

Group 4: Chair: David Vásquez Awad (Colombia). Rapporteurs: L. Melgar, G. Arias (Peru)

Healthcare professional empowerment: Helen Millar (ICPCM, UK)

Complementary Plenary:

(Chairs and Rapporteurs of the Initial Plenary)

12:15 - 12:30 - Reports of the Working Groups

12:30 - 13:00 - General Discussion

13:00 - 13:15 - Conclusions

13:15-13:45 - Cultural Break: Poems by Eduardo Garrido (Peru); (Coordinator J. C. Ocampo, Peru)

13:45-16:00: Fourth Session: Epidemiology of the Pandemic and Reform of Health Systems Initial Plenary

Chairs: Germán Gamarra (Colombia); Néstor Campos (Uruguay) Rapporteurs: C. Apcho, L. Mendoza (Peru)

13:45 - 14:00 - Presentation 1: Strategies for Uruguayan health reforms: Henry Cohen (Uruguay)

14:00 - 14:15 - Presentation 2: Self-care, mutual care and Latin American integration:

Ricardo Fábrega (PAHO, Peru)

14:15 - 14:30 - Presentation 3: Transformation of health systems and their socio-economic and political context: Fernando Carbone and Fredy Canchihuaman (Peru)

14:30 – 15:00

Working Groups:

Group 1: Chair: Gustavo Franco (Peru) Rapporteurs: W. Barzola, C. Ríos (Peru) Global Health Security and Pandemic Preparedness: Fredy Canchihuaman (Peru)

Group 2: Chair: Carlos Arósquipa (PAHO, Peru) Rapporteurs: L. Melgar, G. Arias (Peru) Key factors in the response to Covid-19 in Uruguay: Giovanni Escalante (PAHO, Uruguay)

Group 3: Chair: Christine Leyns (Bolivia) Rapporteurs: Jasdaly Gonzales, Cecilia Casusol, José Estrella (Peru) Integration of health and social services in pandemic: Galileo Pérez (Mexico)

Complementary Plenary:

(Chairs and Rapporteurs of the Initial Plenary)

15:00 - 15:15 - Reports of the Working Groups

15:15 - 15:45 - General Discussion

15:45 - 16:00 - Conclusions

16:00 - 16:30

Closing Session

Presidents: G. Escalante (PAHO, Uruguay), J. Snaedal (ICPCM, Iceland)

Rapporteurs: Chiara Del Bene, Sofía Grajales, Juan López (Uruguay)

» Declaration of Montevideo 2020: Oscar Cluzet (Uruguay)

» Conclusions of the event: Alberto Perales (Peru)

» Next steps for PCM at the Uruguayan, Latin American and world levels: O. Cluzet (Uruguay), A. Rodríguez (ALANAM, Colombia), J. E. Mezzich (ICPCM, USA / Peru)